

## RECIPE OF THE WEEK: PALEO EDITION

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# SWEET POTATOES AND PINEAPPLE W/COCONUT

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### Ingredients:

2 sweet potatoes

1 pineapple

Unsweetened coconut flakes

Coconut oil

### Instructions:

1. Preheat oven to 375 degrees
2. Peel sweet potatoes and wash thoroughly. Then chop into 1 inch pieces and place on a baking sheet
3. Skin and slice the pineapple into 1 inch pieces and mix with sweet potatoes on the baking sheet.
4. Brush the mixture with melted coconut oil.
5. Roast for 10 minutes in oven until sweet potatoes are fork tender.
6. Remove from oven and sprinkle with coconut flakes and enjoy.

