

RECIPE OF THE WEEK: PALEO EDITION

Berry Cobbler

Ingredients:

3 cups of frozen or fresh berries (I have always used blueberries, but any would work)

1 egg

1 1/2 cup almond meal

2 tbsp coconut oil

2 tbsp cinnamon

drizzle of honey

Instructions:

1. Preheat oven to 350 degrees F
2. Pour the berries into a pie pan
3. In a small bowl, mix together the egg, almond meal, and coconut oil, and shake in the cinnamon. Stir well until the mixture begins to crumble. If you want, drizzle some honey on top of the berries.
4. By hand, evenly crumble the almond meal mixture on top of the berries and bake in the preheated oven for 35 mins.
5. Serve and enjoy!

Options:

Pour coconut milk or coconut ice cream over the top.

Compliments of *Christine Trowbridge and Everyday Paleo*

