

RECIPE OF THE WEEK: PALEO EDITION

Roasted Green Beans

Ingredients:

1 lb green beans
1 tbsp olive oil
1 tbsp thyme

Instructions:

Preheat oven to 350 degrees F
Wash and chop ends off beans
Place in a roasting pan, drizzle with olive oil and sprinkle with thyme
Toss until coated will and roast for about 20 mins

Servings:

Makes a side for two adults, with leftovers for another meal

Approx. cooking time: 30 minutes

Compliments of Paleoplan.com

